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| Name: smt.Thirupathamma | Reg No: 14-4smmhc18 f |
| Age / Sex:45/f | Contact No: |
| Marital Status:ml- 33 yrs | Date: |
| Occupation: | Dr. |
| Address: | DIAGNOSIS- |

1. On waking unable to get up. Pain in the low back started of left side with numbness in left leg. Nimhans told physiotherapy and med better. But still there. From 4-5 months.

<sitting.

Keeps getting body pain also. As works feels better. Midnight onwards inc.

1. Burning urination from a month.
2. Motion once in 2 days. Must strain blackish rounds . feels some mass when straining.
3. App loss. Feels burning in throat. From 4-5 months.
4. Dryness palms.

From 2 years back she was making chutney in the role had a sensation of insect bite. Felt like ant bite at that time.

Rx:

1. Rhus tox 200 – dsc 4-04.
2. Calc phos 200 – 5 doses – 3 days once.
3. Pentaphos 2-2-2-2.

4/5/15: night leg cramps more.if bends also feel s more. Back pain left side more. Bt better than before. Normally each time one side it comes not constant. 25% better than before . now and then feels numbness in the legs. At times feels tender mouth cant eat spicy.

Rx:

1.rhus tox 200 – 5 doses – 3 days once.

2. calc phos 200 – 3 doses – 1 dose 5 days once.

3. mag phos 12x 4-4-4-4

23/5/18: pain so much main on waking. Cant bend cant sit. Burning in throat. Unable to eat spicy.

Rx:

1. Lyco 200 -1 dose
2. Rhus tox 1m 7 doses – alternate days.
3. Bryonia 200 – 2 dram pills mng 4 b/food.

22/6/18: night numbness. Catching type pain. rt.side numbness more. Unable to sit and work. Reducing her work level. Periods also from 3 years once in 3 months fr 10 dasy getting it.

Rx:

1.gnaphalium 200 – 4-4-4-4 for 4 days.

2. gauacum Q 10-10-10 drops a/food.

28/7/18: PAIN IN THE RT.ARM PRICKING PAIN IN THE HIPS EITHER SIDE. NUMBNESS IN FEET. NIGHT CATCHING. UNABLE TO LIFT THE RT. ARM. LMP: 9//7/18. AFTER INJECTION FR PAIN THE AREA FEELS LIKE WOOD.

RX:

1. APIS 1M– 4-4-4-4.
2. PULS 1M – 3 DOSES 5 DAYS ONCE.
3. KALI PHOS 6X 4-4-4.

16/8/18: FULL PAIN IN THE LEGS AND HAND PAIN. RIGHT SIDE PAIN. PRICKING TYPE OF PAIN IN LEGS AND BUTTOCKS.

RX:

1. APIS 10M – 1 DOSE – MIX IN 200 ML WATER AND TAKE IT EVERY 3 HOURLY . SHAKE 10 TIMES BEFORE DRINKIN IT. MNG B.FOOD.
2. THUJA10M – NEXT WEEK. 1 DOSE.
3. BRYONIA1M – 4-4-4-4.
4. NM12X 4-4-4-4.

21/9/18: 50% better than before. Catching pain at times legs. Got an ep of vomitings . got corns 1 year back due to thorn inside that is paining now. Numbness. Cracks in the feet and paining.

Rx:

1. Apis 10m – 3 doses weekly mix in water and take it 3 hourly.
2. Calc.iod 30 disc 4-0-4
3. Bryonia1m - 4-4-4-4 3 days repeat weekly.
4. Pentaphos 2-2-2-2.
5. Lach 200 – 1 dram pills 4—4-4 b/food for 2 days weekly repeat.

27/11/18: hips b/l pain . rt. Leg stiffness and pain.

Rx:

1. Ran bulb 200 – 4-4-4
2. Lach 200 – 8 doses. Alt days.
3. Rhus tox 30+bryonia30+calc flour30 4-4-4-4 disc.
4. Nat phos 6x 4-4-4-4.
5. Apis 1m 4 pills sos. Pain
6. Calc iod 30 4-0-4 pills

2/1/19:

1. Ran bulb 1m – 4-0-4
2. Lach 1m – 4 doses. Alt days.
3. Rhus tox 200+bryonia200+calc flour200 4-4-4-4 disc.
4. Nat phos 12x 4-4-4-4.
5. Apis 1m 4 pills sos. Pain
6. Calc iod 30 4-0-4 pills
7. Psorinum 10m 1 dose – stat. after 1 week start medicines. Sos can take anytime.